

**FINDING REAL POWER**  
**From Burnout To Balance – Part 7**  
**Pentecost Sunday, May 15, 2016**

**Acts 1:8 (NIV)** *“But you will receive power when the Holy Spirit comes on you; and you will be My witnesses in Jerusalem, and in all Judea and Samaria, and to the ends of the earth.”*

**Acts 2:1-4a (NIV)** *“When the day of Pentecost came, they were all together in one place. <sup>2</sup> Suddenly a sound like the blowing of a violent wind came from heaven and filled the whole house where they were sitting. <sup>3</sup> They saw what seemed to be tongues of fire that separated and came to rest on each of them. <sup>4</sup> All of them were filled with the Holy Spirit...”*

**It’s this POWER from the Holy Spirit in us that helps us actually live a balanced life.**

**Ephesians 5:18 (CEV)** *“Don’t destroy yourself by getting drunk, but let the Spirit fill your life.”*

**We’re filled with the Holy Spirit to live for God’s purposes.**

**TO BE FILLED WITH GOD’S SPIRIT...**

**1. DESIRE to be filled.**

**Matthew 7:7 (NIV)** *“Ask and it will be given to you; seek and you will find; knock and the door will be opened to you.”*

**John 7:37-39a (CEV)** *“On the last and most important day of the festival, Jesus stood up and shouted, ‘If you are thirsty, come to Me and drink! <sup>38</sup> Have faith in Me, and you will have life-giving water flowing from deep inside you, just as the Scriptures say.’ <sup>39</sup> Jesus was talking about the Holy Spirit, who would be given to everyone that had faith in Him.”*

**2. REPENT of your sins.**

**1 John 1:9 (NIV)** *“If we confess our sins, He is faithful and just and will forgive us our sins and purify us from all unrighteousness.”*

**Acts 2:38-39 (NIV)** *“Peter replied, ‘Repent and be baptized, every one of you, in the name of Jesus Christ for the forgiveness of your sins. And you will receive the gift of the Holy Spirit.*

*<sup>39</sup> The promise is for you and your children and for all who are far off—for all whom the Lord our God will call.”*

**Real genuine power is about CONNECTION with God.**

### **3. YIELD yourself daily to God.**

**Mark 8:34 (NASB)** *“And He summoned the crowd with His disciples, and said to them, ‘If anyone wishes to come after Me, he must deny himself, and take up his cross and follow Me.’ ”*

**James 4:8 (MSG)** *“Say a quiet yes to God and He’ll be there in no time. Quit dabbling in sin. Purify your inner life. Quit playing the field.”*

**Ephesians 1:13 (NIV)** *“And you also were included in Christ when you heard the message of truth, the gospel of your salvation. When you believed, you were marked in Him with a seal, the promised Holy Spirit.”*

**Until you SURRENDER to God, you’re always going to feel the tension of wrestling for control of your life.**

### **4. TRUST that God will do what He says.**

**Romans 15:13 (NIV)** *“May the God of hope fill you with all joy and peace as you trust in Him, so that you may overflow with hope by the power of the Holy Spirit.”*

**1 John 5:14-15 (NIV)** *“This is the confidence we have in approaching God: that if we ask anything according to His will, He hears us. <sup>15</sup> And if we know that He hears us--whatever we ask--we know that we have what we asked of Him.”*

**Proverbs 3:5-6 (NIV)** *“Trust in the Lord with all your heart and lean not on your own understanding; <sup>6</sup> in all your ways submit to Him, and He will make your paths straight.”*

**1 Corinthians 6:19-20 (GNT)** *“Don’t you know that your body is the temple of the Holy Spirit, who lives in you and who was given to you by God? You do not belong to yourselves but to God; <sup>20</sup> He bought you for a price. So use your bodies for God’s glory.”*