

**REMEMBERING WHAT MATTERS MOST**  
**From Burnout To Balance – Part 6**  
**May 8, 2016 – Mother’s Day**

**Human beings have an amazing capacity to  
both remember and to forget.**

**Psalm 39:4 (NLT)** *“Lord, remind me how brief my time on earth will be. Remind me that my days are numbered—how fleeting my life is.”*

**3 TRUTHS TO REMEMBER EVERY DAY...**

**1. The best use of life is LOVE.**

**1 Corinthians 14:1a (NLT)** *“Let love be your highest goal!”*

- **Love is what life is all ABOUT.**

**1 Corinthians 13:3 (MSG)** *“If I give everything I own to the poor and even go to the stake to be burned as a martyr, but I don’t love, I’ve gotten nowhere. So, no matter what I say, what I believe, and what I do, I’m bankrupt without love.”*

**Matthew 22:37-39 (NIV)** *“Jesus replied: ‘Love the Lord your God with all your heart and with all your soul and with all your mind.’<sup>38</sup> This is the first and greatest commandment.<sup>39</sup> And the second is like it: ‘Love your neighbor as yourself.’”*

**Not everything that is urgent in your life is important.**

- **Love is all that’s going to LAST.**

**1 Corinthians 13:13 (NIV)** *“And now these three remain: faith, hope and love. But the greatest of these is love.”*

**Matthew 25:40 (NIV)** *“The King will reply, ‘Truly I tell you, whatever you did for one of the least of these brothers and sisters of Mine, you did for Me.’”*

## 2. The best expression of love is TIME.

**1 John 3:18 (NIV)** *“Dear children, let us not love with words or speech but with actions and in truth.”*

Your time is your LIFE.

SACRIFICE is the essence of love.

**Ephesians 5:2a (TLB)** *“Be full of love for others, following the example of Christ who loved you and gave Himself to God as a sacrifice to take away your sins.”*

You can GIVE without loving but  
you cannot love without GIVING.

## 3. The best time to love is NOW.

**Galatians 6:10 (NLT)** *“Therefore, whenever we have the opportunity, we should do good to everyone—especially to those in the family of faith.”*

**Ephesians 5:15-16 (NCV)** *“So be very careful how you live. Do not live like those who are not wise, but live wisely. <sup>16</sup> Use every chance you have for doing good, because these are evil times.”*

**Proverbs 3:27-28 (GNT)** *“Whenever you possibly can, do good to those who need it. <sup>28</sup> Never tell your neighbors to wait until tomorrow if you can help them now.”*

You don't know how LONG you will  
have the opportunity to express love.