

BUILDING MARGIN INTO YOUR LIFE
From Burnout To Balance – Part 2
April 10, 2016

Job 3:26 (NIV) *“I have no peace, no quietness; I have no rest, but only turmoil.”*

Areas Of Overload...

Activity	Work	Information
Change	Debt	Accessibility
Choices	Media	Pace of life

Margin is the space between your LOAD and your LIMIT.

THE BENEFITS OF MARGIN...

- You get more PEACE OF MIND in your life.
- You have a better chance at being HEALTHY.
- You are more likely to have stronger RELATIONSHIPS.
- You are more available for God to USE.

STEPS TO BUILDING MARGIN INTO YOUR LIFE...

1. Accept your human LIMITATIONS.

Psalm 119:96a (GNT) *“I have learned that everything has limits.”*

- PHYSICAL limitations
- EMOTIONAL limitations
- MENTAL limitations
- TIME limitations
- SPACE limitations

Job 14:5 (NIV) *“A person’s days are determined; You have decreed the number of his months and have set limits he cannot exceed.”*

2. Expect To have PROBLEMS.

**Plans help lead you in the right direction...
but not everything goes as planned.**

John 16:33 (NIV) *"I have told you these things, so that in Me you may have peace. In this world you will have trouble. But take heart! I have overcome the world."*

Proverbs 22:3 (TLB) *"A prudent man foresees the difficulties ahead and prepares for them; the simpleton goes blindly on and suffers the consequences."*

3. Put some space in your SCHEDULE.

The faster you go in life... the more margin you need.

Ecclesiastes 10:15 (GNT) *"Only someone too stupid to find his way home would wear himself out with work."*

Life is a JOURNEY, not a race.

4. PRUNE your activities periodically.

No pruning... no FRUITFULNESS in the next season.

John 15:1-2 (NIV) *"I am the true vine, and My Father is the gardener. ² He cuts off every branch in Me that bears no fruit, while every branch that does bear fruit He prunes so that it will be even more fruitful."*

Being selective is the key to being effective.

5. Do less and TRUST God more.

2 Corinthians 1:8-9 (MSG) *"We don't want you in the dark, friends, about how hard it was when all this came down on us in Asia province. It was so bad we didn't think we were going to make it. We felt like we'd been sent to death row, that it was all over for us. As it turned out, it was the best thing that could have happened. Instead of trusting in our own strength or wits to get out of it, we were forced to trust God totally—not a bad idea since He's the God who raises the dead!"*

God can DO what you can't.